



Appendix 1

**This appendix was part of the submitted manuscript and has been peer reviewed.
It is posted as supplied by the authors.**

Gartoulla P, Davis SR, Worsley R, et al. Use of complementary and alternative medicines for menopausal symptoms in Australian women aged 40–65 years. *Med J Aust* 2015; 203: 146e.1-146.e7. doi: 10.5694/mja14.01723.

Appendix 1: At least one complementary and alternative medication used by menopausal status

	Number (%) of women by menopausal status				
	Premenopausal (n = 529)	Perimenopausal (n = 382)	Postmenopausal aged < 55 year (n=307)	Postmenopausal aged 55-< 60 year (n=444)	Postmenopausal aged ≥ 60 year (n=358)
Use of at least one CAM* for vasomotor symptoms	53 (10.0%)	72 (18.9%)	52 (17.0%)	51 (12.0%)	39 (10.9%)
Use of at least one CAM for sexual symptoms	5 (1.0%)	4 (1.1%)	5 (1.6%)	1 (0.2%)	1 (0.3%)
Use of at least one CAM for general health	120 (22.7%)	111 (29.1%)	101 (32.90%)	166 (37.4%)	153 (42.7%)

*CAM, Complementary and alternative medication.